

**Example Plan**  
**Module C Section 2**  
**Chase Doty**

The following plan was created after meeting with Chase and his Circle of Support over a couple of days. You have seen pieces of the plan development in the video samples. This format has been created as an example of what a final plan might look like. The Department of Health and Welfare, Division of Medicaid will provide a specific form and instructions for plan development and submission.

<b>Name</b>	Chase Doty
<b>Date of Plan</b>	Planning begun in July 2005, additional dates set (1 <sup>st</sup> Monday of each Month – dinner)
<b>Team</b>	Chase (Ch), Mom & Dad (MD), Support Broker (SB), Bryden (Br), Cousin (Cos), Uncle-not present (Un) <b>Additional members (options):</b> Business community member for help with work, Arts commission member to help with performing, others as needed
<b>Location(s)</b>	Chase prefers to talk one-on-one in the shop or outside. He doesn't like hearing people talk about him, so we keep larger meetings short – and clearly discuss a particular detail of the plan at a time.
<b>Dreams:</b>	Chase most often talks about singing and driving. His mom says he wants to be the next George Strait or Garth Brooks. His dad would love to start a landscaping business with Chase so they could work together
<b>Goals:</b>	Global goals across life areas include expanding Chase's base of friends and achieving year-round employment. Goals in bold are priorities:  <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <b>1. Work:</b>  2. Home:  <b>3. Friends:</b>  4. Dating:  5. Recreation:  <b>6. Community:</b>   7. Education: </div> <div style="width: 65%;"> <b>Year round employment</b>  Happy and satisfied at this time – no particular goals are in place currently  <b>Expand the circles of friends to include more same-aged peers</b>  Explore opportunities for Chase to date  Happy and satisfied at this time – see Community  <b>Expand opportunities for Chase to go out with peers ( recreation goal). Expand opportunities for Chase to sing alone or with Bryden (cousin) (recreation goal)</b>  No goals at present for formal education; job training will be included to achieve year round employment </div> </div>

Goals	Timelines	
Goal 1: Year Round Employment	Target Date: 11/1/05	
<b>Issues:</b> Chase’s current job of landscaping/groundskeeper work is part-time and primarily summer-based work. Now that Chase has graduated from HS, he has more time to apply to work. He says he enjoys his work, his family feels he likes what he does and his job coach agrees. Biggest challenge to work: TRANSPORTATION. Can this position be expanded to include fall, winter and spring duties? Can his job be expanded in other ways to give Chase more challenges as he desires? How can we plan for emergencies (when Phil cannot transport)?		
Resources: Who Can Help Explore Work Options?	Strategy/Timeframe	Date Completed
Chase’s current supervisor – Clint Chase’s current job coach – Phil Chase’s dad – potential interest in self-employment strategies  <b>Updates:</b> As a result of 8/15 meeting, Clint requested Chase to create a resume that outlined his interests as a landscaper. We requested to job shadow other city department employees to get better sense of city jobs. Clint suggested also county employees that could include volunteer fire dept., and building maintenance. Clint is aware of our goal of decision by 11/30  <b>Area(s) needing attention: Transportation</b> Issue with transportation is one of contingency – if Phil cannot transport to work, then Chase can’t go to work. We need to explore finding alternative transportation providers.	SB, Ch meet with Clint on August 15 <sup>th</sup> @ 2pm  SB to establish meetings Circle of Support to meet on this Goal <b>every month at minimum!</b>  SB to explore established providers (NICE bus, taxi...) but due to rural community, those are limited. Will begin to advertise for Community Support Provider and discuss fees/budget implications with Chase.	Done 8/15  Ongoing 8/1, 9/1.....  10/1, begin interviewing potential transportation providers

Goals		Timelines			
Goal 2: Home, currently no goal		Target Date: none			
<b>Issues:</b> Chase enjoys his home environment, likes his room and prefers to spend time outdoors, being active. However, his mom and dad indicate that Chase struggles with being comfortable if they were to go out of town. At night, he sleeps best when mom and dad are home. However, Chase does not indicate a desire to change things or address these issues. As his Support Broker, I will attempt to slowly bring the issue of <i>what happens if mom and dad go out of town for the weekend</i> to Chase’s attention and work with him about identifying what how he would like to approach it.					
Resources: Who Can Help Explore Work Options?		Strategy/Timeframe		Date Completed	
None		SB, Ch work on talking about the home issue.		On-going	
		Circle of Support will discuss this issue.		On-going	
Goal 3, 4, 6: Combined due to similarity		Target Date: Quarterly gains			
<b>Issues:</b> Chase has limited peer interaction since graduating from High School. He had acquaintances at school but no significant friendships. His primary source of same-aged peer interaction is Bryden and other family members. Family is the greatest source of relationships and social interactions. This is not a bad thing, but it does limit Chase’s opportunity to find personal companionship or dates. Chase is at an age where it is awkward for him to talk about dating with me (support broker) but he talks about being interested in girls and going out. One major source of entertainment / interest is singing in public (senior center, community events...); however, Chase’s equipment has blown fuses at the senior center and he would like a better amp and karaoke machine. Chase tends to be shy meeting new people, so adding new social opportunities will be adjusted depended on Chase’s interests and comfort level. Biggest challenge: TRANSPORTATION in order to have others than family members transport. See Goal #1 for transportation goal/strategy.					
Resources: Who Can Help Explore Work Options?		Strategy/Timeframe		Date Completed	
Senior Center Representative – to sing Mom & Dad – re funding of equipment Arts Commission- gives grants for artists Bryden – re new interests, spots to go out NEED ADDITIONAL RESOUCES		SB, Ch, Br on August 20 <sup>th</sup> @ 2pm to meet with Sr. Ctr re schedule to sing and playlist		Done 8/20 Sing 9/15	
		SB, Ch, Br to go out to dinner in Moscow to talk about interests socially. Ch, Br to stay overnight w/family		Scheduled 10/1	

**Summary Note:**

Because Chase has two pressing needs (YEAR ROUND EMPLOYMENT and TRANSPORTATION – which affects multiple goals) this plan reflects those time frames. Employment target date is 11/1/05 (goal is to work with Clint to expand current job first, if that does not succeed, the Circle of Support will reconvene to address other strategies/options). Goal #1 and others are affected by transportation providers. Although Phil currently takes care of work transportation, there are no back ups for him. Similarly, Chase's immediate family members provide his transportation to social events (this could limit an 18-year old young man's choices and Chase discusses wanting more freedom of movement socially. Transportation options are needed. This plan should be reviewed and updated as of 12/1/05 to implement longer-term goals – which should include longer-term work goals and greater social opportunities with addition of transportation options.

Organizationally, it is my goal to have additional Circle of Support members available for Chase to meet before the next big planning session (goal 12/1/05). To reiterate, Chase prefers small, quick meetings. When we have a 'big' meeting, we try to do it on a Saturday in the afternoon. This way we can spend time outside with Chase and hopefully he'll sing in addition to talking about the plan.